

# Celebrate Rehab **SUCCESS**

We are pleased to share another wonderful success story from:  
East Alabama Medical Center Lanier Acute Rehab Unit

## East Alabama Medical Center – Lanier ARU

### Carl Smith

Admitting Diagnosis: STEMI

Admission Date: 9/9/22

Discharge Date: 9/16/22

Discharge Location: Home with Home Health

National  
Rehab Week  
— 2022 —



### Success Story

Mr. Carl Smith is a 59-year-old male with a history of hypertension, cervical radiculopathy, and coronary artery disease who presented to EAMC ED with chest pain on 8/15/22. He was found to have had a heart attack and went into cardiac arrest. CPR and defibrillation were performed to resuscitate Carl but he had to be placed on a ventilator and heart pump to recover. He received stents in his heart to address his heart attack and IV medications to support his heart. His medical team also treated him for pneumonia as they worked to gradually help him off the ventilator. On 8/31, after requiring the ventilator for almost 3 weeks, he was able to be extubated. He was too weak to eat much initially and required pureed food and a feeding tube to ensure he was getting enough nutrition. He worked hard with hospital therapy and was able to have his feeding tube removed but was unable to walk on his own or perform his basic self care without help.

Carl arrived at Lanier Acute Rehab Unit on 9/9 and began his work with Speech, Physical, and Occupational Therapy. During his week on the unit, he was able to begin eating regular food again, breath without any extra oxygen needed, walk community distances with a walker and perform all of his self care without assistance. His motivation was to be a “stronger man of faith and love” for his wife, Faye.

Carl gives this advice to other rehab patients, “Do what is needed to get strong and better – these girls know what they are doing!”

Congratulations Carl! We are so proud of you!

**For more information or referral needs, contact: 334.476.3811 or 334.476.3813**



Rehab Program Managed by:

