

Celebrate Rehab **SUCCESS**

We are pleased to share another wonderful success story from:
East Alabama Medical Center Lanier Acute Rehab Unit

East Alabama Medical Center – Lanier ARU

Bettye “Joe” Wheeler

Admitting Diagnosis: L Knee Revision

Admission Date: 9/8/22

Discharge Date: 9/21/22

Discharge Location: Home with Home Health

**National
Rehab Week
— 2022 —**



Success Story

Ms. Wheeler is a 75 year-old female that has had a very complex course following a left knee replacement in January. She has suffered repeated patellar dislocations and ligament tears due to falls and has had a total of 5 surgeries on her knee for repairs throughout the year. During this time, she has also battled Covid-19 and required hospitalization and intensive care for a blood clot in her lungs. She has been unable to put weight on her left leg for most of the year and stated, “I’ve been essentially bed bound all year.”

Joe’s final surgery was on 8/26 at UAB. She was finally able to put weight on her leg in a brace and work with therapy. Given her long and complex course, however, she was unable to do much. Prior to her first surgery, she lived alone and was completely independent.

Joe arrived at Lanier Acute Rehab on 9/8 and began her work with Physical and Occupational Therapy. During her two week stay, she made amazing progress and was able to walk household distances, get dressed and even climb steps with only supervision or set-up from her family. Joe appreciated the therapists pushing her, “Beth was the one that pushed me the most – they were all great with great attitudes and wanted me to do my best.”

Joe gives this advice to other rehab patients, “Do what is needed – do what they ask so you can get better and get out.”

We are so glad you are back on your feet, Joe!
Congratulations!

For more information or referral needs, contact: 334.476.3811 or 334.476.3813



Rehab Program Managed by:

