

Celebrate Rehab **SUCCESS**

We are pleased to share another wonderful success story from:
East Alabama Medical Center Lanier Acute Rehab Unit

East Alabama Medical Center – Lanier ARU

Pam Wolcott

Admitting Diagnosis: Mass resection

Admission Date: 02/18/23

Discharge Date: 03/02/23

Discharge Location: Home with outpatient therapy



Success Story

Mrs. Wolcott is a 66-year-old female who was admitted to EAMC on 2/10/23 after sustaining a fall at home with focal seizure activity to right lower extremity. Neurosurgery was consulted and it was discovered that the patient had a large meningioma. Patient was subsequently transferred to Emory University, where she underwent a surgical resection on 2/14/23. Patient was subsequently transferred to EAMC Lanier-ARU on 2/18/23 post-surgical resection of asymptomatic meningioma at Emory University. As a result of her surgery and hospital stay, Pam experienced a significant decline from her normal, independent self. She was unable to dress herself or walk independently.

Pam currently resides with her husband, Gary, on Lake Harding in Valley, Alabama. When asked what brought her to EAMC, Pam reported “I had brain surgery and my husband did research on rehabilitation facilities and honestly EAMC Lanier was one of the highest ranked for patient outcomes and as an additional benefit it was only 30 minutes from home, making it easy for my husband to come visit daily”.

While at EAMC Lanier ARU, Pam received ST, OT, and PT services. She quickly achieved her ST goals and was discharged from ST services. Pam continued to work with OT and PT throughout the duration of her stay. When asked about her experience, the patient reports “it was absolutely awesome! I came in with the attitude that I was going to leave here better than I came in and I came in - believing that attitude was 90% of recovery. When I came in, I was unable to lift up my left arm and look at me now!”

Determined to go home better than when she arrived, Pam worked hard each day and brought a positive attitude to every therapy session. She progressed to the point where she would walk 300+ ft to and from the therapy gym for her multiple therapy sessions during the day and she would even complete small bouts of ambulation without requiring the assistance of walker. Additionally, Pam achieved independence with all self-care tasks during her stay. Pam’s advice to other rehab patients- “you’ve got to be willing to put in the work and your attitude is 90% of your recovery”

We are so proud of you!

For more information or referral needs, contact: 334.476.3811 or 334.476.3813

Rehab Program Managed by:

