

THE RESIDENCY REPORT

East Alabama Health 



Internal Medicine

FACULTY:

Rekha Lall, M.D.

Jordan Nickols, M.D.

Nathan Douthit, M.D.

Christopher Old, M.D.

W. Michael Hall, M.D.

Haley Clay, D.O.



Psychiatry

FACULTY:

Milza Howard, M.D.

Austin Luker, M.D.

Chrissie Wilkins, M.D.

Peter J. Lusche, M.D.

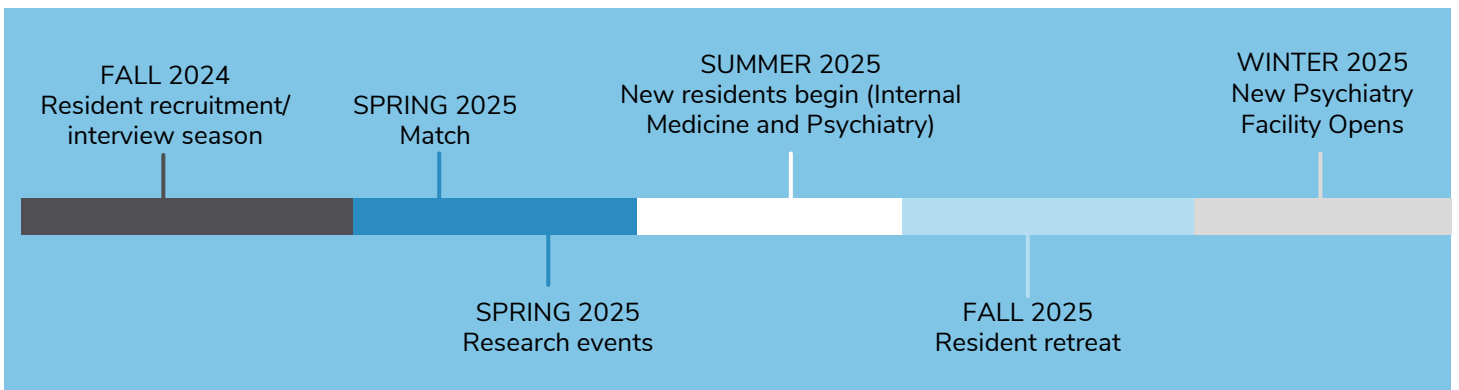
Jennifer Smith, M.D.

Ibrahim Askar, M.D.

Madeline Hearn, D.O.

GRADUATE MEDICAL EDUCATION

WHAT'S GOING ON IN THE RESIDENCY WORLD?



INTERVIEW INSIGHTS

Internal Medicine – 400+ applicants, 150 interviews, 15 PGY-1 slots.

Psychiatry – 300+ applicants, 65 interviews, 8 PGY-1 slots

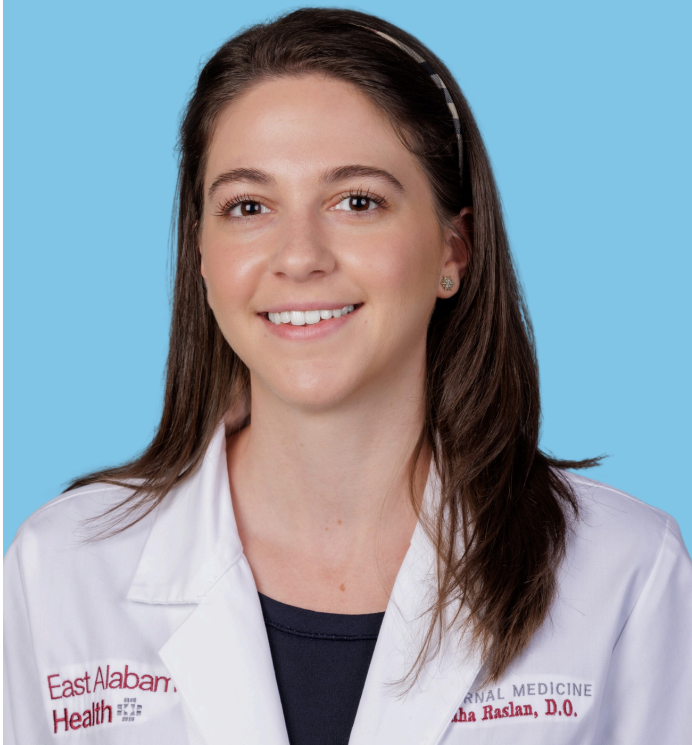
PROGRAM DIRECTOR SPOTLIGHT - PSYCHIATRY

Dr. Peter J. Lusche is a Child, Adolescent, and Adult Psychiatrist. Originally from southern California, Dr. Lusche has been with East Alabama Medical Center since 2000. He received his Bachelor of Science degree in Biological Sciences from the University of California, Irvine, his medical degree from the University of Southern California School of Medicine (now the Keck School of Medicine) and his residency and child psychiatry fellowship training at University of Southern California - Los Angeles County Hospital. Throughout his career, he has focused on developing systems of care and education, from Medical Director for Children's Services in the community mental health system of southern Arizona, to the Child & Adolescent Fellowship at the University of Arizona, and now nearly 25 years serving the east Alabama region. He is board certified in Psychiatry and Child & Adolescent Psychiatry. For his clinical work, community service, and other professional activities, Dr. Lusche is honored to be a Distinguished Life Fellow of the American Psychiatric Association. In his free time, he enjoys hiking, traveling, and photography.



Peter J. Lusche, M.D., D.L.F.A.P.A.

INTERN OF THE YEAR:
Maha Raslan, D.O.



UPPER LEVEL OF THE YEAR:
Kevin Wortman, D.O.



INTERNAL MEDICINE ALUMNI RECOGNITION

Fellowships for which three of our residents recently matched:

- Endocrinology - University of New Mexico
- Oncology / Hematology - University of Tennessee
- Hospice and Palliative Medicine - University of Alabama at Birmingham

In addition, seven residents have begun their careers in internal medicine inpatient and outpatient settings.

SCHOLARLY ACTIVITY

Recent Publications:

Blackmon J, Blackmon L, Goode C, Douthit N. Systemic Cobalt Toxicity Secondary to Metal-on-Metal Prosthetic Hip Replacement: a Case Report. *J Gen Intern Med*. 2024 Jan;39(1):133-137. doi: 10.1007/s11606-023-08490-z. Epub 2023 Nov 1. PMID: 37914907; PMCID: PMC10817879.

Custer MK, Kidd T, Ducker K, Lall R. An Unusual Presentation of Propylthiouracil-Induced Immunoglobulin A Vasculitis With Positive Anti-proteinase-3 and Anti-myeloperoxidase Antibodies. *Cureus*. 2024 Apr 18;16(4):e58535. doi: 10.7759/cureus.58535. PMID: 38957824; PMCID: PMC11218463.

Yumen AV, Wright AK, Moses HP, Douthit NT. Richter's Hernia Unveiled: The Danger of High Pain Tolerance and Lack of Systemic Symptoms. *Cureus*. 2024 Sep 22;16(9):e69943. doi: 10.7759/cureus.69943. PMID: 39315318; PMCID: PMC11416916.

Conferences:

SGIM National Meeting (Boston)
ACP National Meeting (Boston)
CHEST National Meeting (Boston)
SGIM Regional Meeting (New Orleans)
ACP AL-MS Chapter Meeting (Destin)