

Therapist List (Medicaid & Spanish Speaking Therapist List below)

Practice Name and Contact Information	Cost/Insurance	Focus
A Quiet Place Brittany Braswell, Marina Naviaux Address: 328 E Magnolia Ave, Auburn AL Phone: 334-521-8302 Website: http://www.aquietplacecounseling.com/	\$125 per session, Out of Network	Adult Mental Health Various Individual Counseling Teletherapy Available
AU Students Counseling and Psychology Services Auburn University Medical Clinic Address: 400 Lem Morrison Dr, 2 nd floor, Auburn AL Phone: 334-844-5123 Website: http://wp.auburn.edu/scs/	Free with 10 visits per semester	AU Students ONLY Individual and Group Counseling
Auburn Behavioral Health, LLC Address: 328 East Magnolia Avenue, Auburn, AL 36830 Phone: 334-329-7155 Website: https://auburnbehavioralhealth.com/	\$150-160 per session Price Varies by Income American Behavioral, BCBS, New Directions	Adult Mental Health Various Individual, Couple, Family Counseling
Auburn Marriage and Family Therapy Address: 703 East Glenn Avenue, Suite C, Auburn AL 36830 Phone: 334-319-3524 Website: https://auburnmarriageandfamilytherapy.com/	\$135-\$150 per session American Behavioral, BCBS, Out of Network	Adult Mental Health Various Individual, Couple, and Family Counseling
Auburn Professional Counseling Address: 311 N College St, Auburn, AL Phone: 334-728-7911 Website: https://auburnprofessionalcounseling.com/	American Behavioral, Beacon Health Options, BCBS, Cigna and Evernorth, New Directions, Out of Network	Adult and Team Mental Health Various Individual, Couple, Family Counseling Teletherapy Available
Auburn Psychological Wellness Center Address: 778 N Dean Road 300 Auburn, AL, 36830 Phone: 334-219-0425 Website: https://www.auburnwellness.com/	\$55-180 per session American Behavioral, BCBS, Blue Choice, New Directions	Adult and Teen Mental Health Various Individual, Couples, and Group Counseling
Auburn Psychology Group, LLC Address: 861-D Dean Road 300 Auburn, AL 36830 Phone: 334-887-4343 Website: http://www.auburnpsychology.com/	Can File Insurance No Tricare, Medicaid, or Medicare	Adult and Child Mental Health Various Individual Counseling
Auburn University Marriage and Family Therapy Address: Glanton House 312 Quad Drive Auburn, AL 36849 Phone: 334-844-4478 Website: http://www.mftcenter.auburn.edu/	\$20-50 per session Price varies by income, No insurance accepted	Adult Mental Health Various Individual, Couple, Family Counseling Teletherapy Available Spanish Speaker Available
Bloom and Blossom Counseling, LLC Melissa Moore Address: 882 Plantation Way Suite C, Montgomery, AL 36117 Phone: 334-542-4267 Website: https://www.psychologytoday.com/us/therapists/al/auburn/824735?sid=6239cc78c1a73&ref=78	\$75-\$125 per session Price Varies by Income Medicaid	Adult Mental Health Various Individual, Couple, Family Counseling Teletherapy Available
Clinical Psychologists, PC Address: 248 E Glenn Ave, Auburn, AL Phone: 334-821-3350 Website: http://www.clinicalpsychauburn.com/	\$170-\$200 per session Can file some insurance	Adult and Child Mental Health Various Individual Counseling
Counseling Solutions of East Alabama Address: 648 Shelton Way Auburn, AL 36830 Phone: 334-444-0754 Website: https://www.psychologytoday.com/us/therapists/counseling-solutions-of-east-alabama-auburn-al/180215	\$100-\$135 per session All Kids, American Behavioral, Blue Choice, BCBS, New Directions, Out of Network	Adult and Child Mental Health Various Individual Counseling
Crosswalk Psychological Services Address: N/A, teletherapy only Phone: 334-432-8372 Website: https://crosswalknow.com/	\$150-\$195 per session	Teletherapy Only Adult and Child Mental Health Various Individual, Couple, and Family Counseling

<p>East Alabama Mental Health Center (EAMHC) Address: 1708 Corporate Dr, Opelika, AL Phone: 334-742-2877 Website: http://eamhc.org</p> <p>EAMHC Family and Children's Services Address: 2300 Center Hills Dr, Building 2, Opelika, AL Phone: 334-742-2112</p> <p>EAMHC Lee County Clinic Address: 2506 Lambert Drive, Opelika, AL Phone: 334-742-2700</p> <p>EAMHC Opelika Addiction Center Address: 2300 Center Hills Dr, Building 1, Opelika, AL Phone: 334-742-2130</p>	<p>BCBS, Medicaid, Medicare, TriCare, call for preferred provider</p>	<p>Adult, Teen, Child Mental Health Various Counseling and Services</p>
<p>Frontline Therapy LLC Address: 715 Avenue D, Opelika, AL 36801 Phone: 334-363-2178 Website: https://www.frontlinetherapyauburn.com/</p>	<p>\$100-\$140 per session Beacon Health, BCBS, Cigna and Evernorth, Military OneSource</p>	<p>Adult and Teen Mental Health Various Individual and Couples Counseling</p>
<p>ISI Therapeutic Family Services Address: 2208 Executive Park Dr, Opelika, AL Phone: 334-703-2095 Website: http://isitherapy.com/</p>	<p>Can file insurance</p>	<p>Adult, Teen, and Child Mental Health Various Individual and Couple Counseling</p>
<p>My Time Counseling Services Address: 318 North College Street, Suite C, Auburn, AL 36830 Phone: 334-249-1365 Website: https://www.psychologytoday.com/us/therapists/al/auburn/853456?sid=6239cc78c1a73&ref=5</p>	<p>\$80 per session No Insurance Accepted</p>	<p>Adult and Child Mental Health Various Individual Counseling Family Counseling Teletherapy Available</p>
<p>Perspective Counseling Address 1: 118 N Ross St, Auburn, AL Address 2: 2148 Moore's Mill Suite A Phone: 334-329-6063 Website: https://perspectivecounselingauburn.com/</p>	<p>American Behavioral, Anthem, BHS, Blue Care Network, BCBS, Tricare, Out of Network</p>	<p>Adult Mental Health Various Individual Counseling</p>
<p>Prevail Counseling and Wellness Address: 166 N Gay St Suite 21, Auburn, AL Phone: 334-226-2141 Website: prevailcounselingandwellness.com</p>	<p>\$100-\$120 per session All Kids, American Behavioral, BCBS, New Directions</p>	<p>Adult Mental Health Various Individual Counseling Couples Counseling Teletherapy Available</p>
<p>Psychological Assessment Center and Serenity Community Counseling Address: 3320 Skyway Dr #802, Opelika, AL Phone: 334-742-9102 Website: http://www.pacalabama.com/</p>	<p>BCBS, Cigna, Tricare, Self Pay</p>	<p>Adult and Child Mental Health Various Individual Counseling</p>
<p>Rivertown Psychiatry (Walk-In Clinic) Address: 2123 Executive Park Dr, Opelika, AL Phone: 334-275-9595 Website: https://www.rivertownpsychiatry.com/</p>	<p>All Insurances</p>	<p>All Ages Adult, Teen, Child Mental Health Various Services and Counseling</p>
<p>Southeast Psychological Address: 2431 E Glenn #400, Auburn, AL Phone: 334-377-4900 Website: https://southeastpsychology.com/</p>	<p>BCBS, Tricare, United Medicare, Medicaid, Behavioral Health</p>	<p>Adult Mental Health Various Individual Counseling</p>
<p>Spark Counseling and Consulting Address: 318 N College Street, Auburn, AL Phone: 844-239-6511 Website: https://www.sparklifetransform.com/</p>	<p>\$120-\$150 per session BCBS, New Directions, E4 Health, Cigna, American Behavioral, Humana, Tricare</p>	<p>Adult Mental Health Various Individual, Couple, Family Counseling</p>
<p>Thaxton Little Counseling LLC Address: 2101 Executive Park Dr, Suite 206, Opelika, AL 36801 Phone: 334-336-0730</p>	<p>\$30-\$75 per session Price varies by income</p>	<p>Adult and Child Mental Health Various Individual Counseling Teletherapy Available</p>

Website: https://www.psychologytoday.com/us/therapists/al/auburn/817922?sid=6239cc78c1a73&ref=66		
Among the Willows Counseling and Wellness, LLC Kat Barker Address: 318 N College St Suite C, Auburn, AL 36830 Phone: 833-913-0643 Website: https://www.psychologytoday.com/us/therapists/katherine-barker-auburn-al/464775	\$70, sliding scale	Trauma and PTSD Relationship Issues Addiction Telehealth Available
Cardinal Counseling and Consulting DBA Cardinal Wellness Mary Kashaa Address: 3055 Lorna Rd Suite 200, Hoover, AL 35216 Phone: 205-202-9893 Website: https://cardinal-wellness.com/	Sliding scale fees may be available	Telehealth Available Eating Disorders Stress, Anxiety, Depression Addiction
Mallory Lamm Counseling Mallory Lamm Address: 3 Office Park Circle Suite 113, Birmingham, AL 35223 Phone: 205-440-2541 Email: mallorylammcounseling@gmail.com Website: https://www.mallorylammcounseling.com/	\$140 per session BCBS, New Directions, United Healthcare, Out of Network	Telehealth Available Eating Disorders Individual Sessions
Insights Counseling Center Kalyn Tapley Address: 200 Cahaba Park Circle #214, Birmingham, AL 35242 Phone: 205-903-6282 Email: kalyn@insightssc.com Website: https://www.insightssc.com/		Telehealth Available Eating Disorders Healthy at Every Size (HAES) aligned therapy Individual, Couple, Group Counseling

To Find more counselors visit: <https://www.psychologytoday.com/us/therapists/al/auburn>

Therapy Resources for Medicaid and Sliding Scale

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ISI Therapeutic Family Services Address: 2208 Executive Park Dr, Opelika, AL Phone: 334-703-2095 Website: http://isitherapy.com/	Can file insurance	Adult, Teen, and Child Mental Health Various Individual and Couple Counseling
My Time Counseling Services Address: 318 North College Street, Suite C, Auburn, AL 36830 Phone: 334-249-1365 Website: https://www.psychologytoday.com/us/therapists/al/auburn/853456?sid=6239cc78c1a73&ref=5	\$80 per session No Insurance Accepted	Adult and Child Mental Health Various Individual Counseling Family Counseling Teletherapy Available
Psychological Assessment Center and Serenity Community Counseling Address: 3320 Skyway Dr #802, Opelika, AL Phone: 334-742-9102 Website: http://www.pacalabama.com/	BCBS, Cigna, Tricare, Self Pay	Adult and Child Mental Health Various Individual Counseling
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Cardinal Counseling and Consulting DBA Cardinal Wellness Mary Kasha Address: 3055 Lorna Rd Suite 200, Hoover, AL 35216 Phone: 205-202-9893 Website: https://cardinal-wellness.com/	Sliding scale fees may be available	Telehealth Available Eating Disorders Stress, Anxiety, Depression Addiction

To Find more counselors visit: <https://www.psychologytoday.com/us/therapists/al/auburn>

Spanish-Speaking Therapy Resources

<p>Auburn University Marriage and Family Therapy Address: Glanton House 312 Quad Drive Auburn, AL 36849 Phone: 334-844-4478 Website: http://www.mftcenter.auburn.edu/</p>	<p>\$20-50 per session Price varies by income, No insurance accepted</p>	<p>Adult Mental Health Various Individual, Couple, Family Counseling Teletherapy Available 2 Spanish Speakers Available</p>
<p>Lifelines Spanish Helpline Phone: 1-888-628-9454 Website: https://988lifeline.org/help-yourself/en-espanol/</p>	<p>free</p>	<p>Mental Health Crisis Hotline, but also provides resources for mental health, depression, suicide, community health resources, and more.</p>
<p>East Alabama Mental Health Center (EAMHC) Address: 1708 Corporate Dr, Opelika, AL Phone: 334-742-2877 Website: http://eamhc.org</p>	<p>BCBS, Medicaid, Medicare, TriCare, call for preferred provider</p>	<p>Adult, Teen, Child Mental Health Various Counseling and Services ** Spanish speaking for children only, no adults</p>
<p>Spanish Helpline Phone: 888-835-3505 Website: AlabamaLegalHelp.org</p>	<p>Free</p>	<p>Provides assistance to low- income individuals or families with eviction, claims for SSI, Social Security, Food Stamps, family assistance, unemployment, compensation, and divorces, among other civil legal problems</p>
<p>Esperanza House- For community involvement Phone: 334-758-4154 Email: esperanzahouse01@gmail.com Website: https://esperanzahouse.org/</p>		<p>Faith based nonprofit that provides childcare, education, mental health services, and focuses on youth development for low-income Hispanic children and families</p>