

Free Mental Health Services

Mostly free support group service: supportgroupcentral.com

Free text support service: crisistextline.org Text HOME to 741741

More hotlines found at <https://www.opencounseling.com/hotlines-us>

NAMI National Warmline Directory as of 9/17/2020. *The following places serve people nationally. Out of State calls welcome.		
Wings Across Alabama Warmline Phone: (844) 999-4647 Hours: M-F 2pm - 8pm Sat-Sun 3pm-8pm (<i>Central Time</i>)	Careline of Alaska Phone: (877) 266-4357 Hours: 24/7	Arkansas Crisis Center Phone: (888) 274-7472 Hours: 24/7
NAMI Orange County Warmline Phone: (877) 910-9276 Hours: 24/7	Central Florida Crisis Line Phone: (407) 425-2624 Hours: 24/7	Rhonda's House Support Line Phone: (516) 688-7484 Hours: 24/7
Crisis Line of Fox Valley Phone: (630) 966-9393 Hours: 24/7	Center Stone Crisis Line Phone: (800) 221-0446 Hours: 24/7	Anne Arundel County Crisis Warm Line Phone: (410) 768-5522 Hours: 24/7
Contact the Crisis Line Phone: (601) 713-4357 Hours: 24/7	Contact Helpline Phone: (662) 328-0200 Hours: 24/7	Honu Warmline Phone: (402) 975-2032 Hours: 24/7
CONTACT of Ocean & Monmouth Counties Phone: (732) 240-6100 Hours: 24/7	2nd Floor Youth HelpLine <i>(Youth, ages 10 - 24 only)</i> Phone: (888) 222-2228 (call or text) Hours: 24/7	Agora Crisis Center Phone: (505) 277-3013 Hours: 24/7
Mental Health Empowerment Project Phone: (800) 643-7462 Hours: 24/7	NYC Well Phone: (888) 692-9355, press 2 then 1 Hours: 24/7	Family of Woodstock Phone: (845) 679-2485 Hours: 24/7
Contact Crawford County Phone: (419) 562-9010 Hours: 24/7	Portage Path Behavioral Health Phone: (330) 434-9144 Hours: 24/7	Contact Helpline (211) Phone: (800) 932-4616, press 8 Hours: 24/7
The Crisis Line Phone: (615) 244-7444 Hours: 24/7		