

Learning Style Inventory Test

To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies that will enhance both your learning and teaching potential.

This 24-item survey is not timed. Answer each question as honestly as you can.

Place a ✓ on the appropriate line after each statement.

	<u>Often</u>	<u>Sometimes</u>	<u>Seldom</u>
1. Can remember more about a subject through the lecture method, with information, explanations, and discussion.	_____	_____	_____
2. Prefer information to be written on the chalkboard, with the use of visual aids and assigned readings.	_____	_____	_____
3. Like to write things down or to take notes for visual review.	_____	_____	_____
4. Prefer to use posters, models, actual practice, and some activities in class.	_____	_____	_____
5. Require explanations of diagrams, graphs, or visual directions.	_____	_____	_____
6. Enjoy working with my hands or making things.	_____	_____	_____
7. Am skillful with, and enjoy developing and making, graphs and charts.	_____	_____	_____
8. Can tell whether sounds match when presented with pairs of sounds.	_____	_____	_____
9. Remember best by writing things.	_____	_____	_____
10. Can understand and follow directions on maps.	_____	_____	_____
11. Do better at academic subjects by listening to lectures and tapes.	_____	_____	_____
12. Play with coins or keys in pockets.	_____	_____	_____
13. Learn to spell better by repeating the words out loud than by writing the word on paper.	_____	_____	_____
14. Can better understand a news article by reading about it in the paper than by listening to the radio.	_____	_____	_____
15. Chew gum, smoke, or snack during studies.	_____	_____	_____
16. Feel the best way to remember is to picture it in my head.	_____	_____	_____
17. Learn spelling by "finger spelling" words.	_____	_____	_____
18. Would rather listen to a good lecture or speech than read about the same material in a textbook.	_____	_____	_____
19. Am good at working and solving jigsaw puzzles and mazes.	_____	_____	_____
20. Grip objects in hands during learning period.	_____	_____	_____
21. Prefer listening to the news on the radio rather than reading about it in the newspaper.	_____	_____	_____

Often Sometimes Seldom

- | | | |
|---|-------|-------|
| 22. Obtain information on an interesting subject by reading relevant materials. | _____ | _____ |
| 23. Feel very comfortable touching others, hugging, handshaking, and so on. | _____ | _____ |
| 24. Follows oral directions better than written ones. | _____ | _____ |

Scoring Procedures

Please insert the following point values on the line next to the corresponding item. Add the points in each column to obtain the total preference scores under each heading.

Often = 5 points Sometimes = 3 points Seldom = 1 point

Visual		Auditory		Tactile	
No.	Pts.	No.	Pts.	No.	Pts.
2.	_____	1.	_____	4.	_____
3.	_____	5.	_____	6.	_____
7.	_____	8.	_____	9.	_____
10.	_____	11.	_____	12.	_____
14.	_____	13.	_____	15.	_____
16.	_____	18.	_____	17.	_____
19.	_____	21.	_____	20.	_____
22.	_____	24.	_____	23.	_____
Total VPS	_____	Total APS	_____	Total TPS	_____

- VPS = Visual Preference Score
- APS = Auditory Preference Score
- TPS = Tactile Preference Score

If your VPS total was highest, you are a VISUAL learner.

Advice: Be sure that you look at all study materials. Use charts, maps, videos, notes, and flash cards. Practice visualizing or picturing words/concepts in your head. Write out everything for frequent and quick visual review.

If your APS total was highest, you are an AUDITORY learner.

Advice: You may wish to use tape recordings. Tape lectures to help you fill in the gaps in your notes. But do listen and take notes, and review those notes frequently. Sit somewhere in the lecture hall or classroom where you can hear well. After you have read something, summarize it and recite it aloud.

If your TPS total was highest, you are a TACTILE learner.

Advice: Trace words as you are saying them. For facts that must be learned, you should write them out several times. Keep a supply of scratch paper for this purpose. Taking and keeping lecture notes will be very important. Make study sheets.