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GENERAL, VASCULAR AND LAPAROSCOPIC SURGERY

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GASTROINTESTINAL ENDOSCOPY

H. Allen Foster, M.D., FACS

THE VEIN CENTER

H. Clay Harper, M.D., FACS
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Pre-procedure Instructions for patients with Diabetes

General:

1. If low blood sugar (less than 100 mg/dl) occurs while fasting, drink 4 ounces of a clear sugar-containing beverage (i.e. apple juice or Sprite). Write down the blood sugar & time & recheck the blood sugar in 15 minutes, repeating every 15 minutes until blood sugar is greater than 100 mg/dl. Bring this information to the hospital.
2. Bring medications with you to the hospital, including insulin & other diabetes medications.

On the day BEFORE your procedure:

Date: _____

Oral Diabetes Medications:

1. If you are on a clear liquid diet, take normal doses of oral diabetes medications, except do not take the following at all: Starlix, Prandin, glyburide, glipizide, glimepiride, Avandaryl, Duetact, Glucovance, Metaglip, or Prandimet.

Insulin:

1. If you are taking fixed doses of pre-mixed or long-acting insulin (Lantus, Levemir, NPH), then take ½ your normal doses

On your PROCEDURE day:

Date: _____

1. Do not take ANY oral diabetes medication
2. Do not take ANY short-acting or pre-mixed insulin
3. If you take Levemir, Lantus, or NPH in the morning, take ½ your normal dose.

If you are on an insulin pump:

1. Change your infusion site the day BEFORE your procedure & continue your normal basal rates.
2. You may consider a 25% reduction in your basal rate if your morning fasting blood glucose averages are below 100 mg/dl.

*****If you have any questions, please contact Dr. Foster's nurse, Shanon Jackson at 334-745-6271.